

Opioid Overdose and Naloxone

Training Flashcards

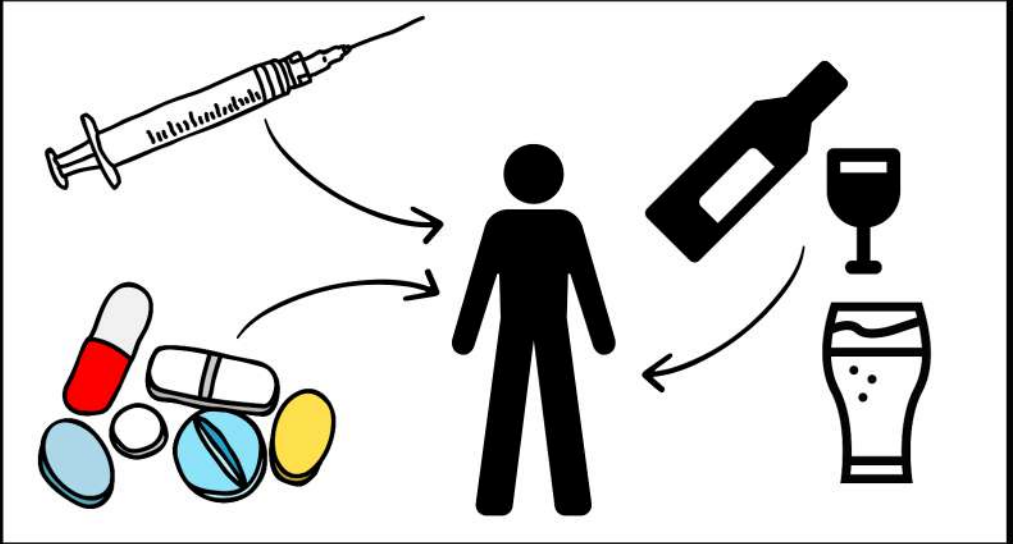


DRUGS.ie

Drug and Alcohol Information and Support

01 Risk Factors

Mixing Drugs (Polydrug Use)



Risk of overdose increases when mixing any of the below:

Heroin, methadone, morphine

Synthetic opioids (fentanyl)

Prescription medications

Alcohol

Benzo's

Pregabalin, gabapentin or any other medications that may make you drowsy

02 Risk Factors

Reduced Tolerance to Opioids

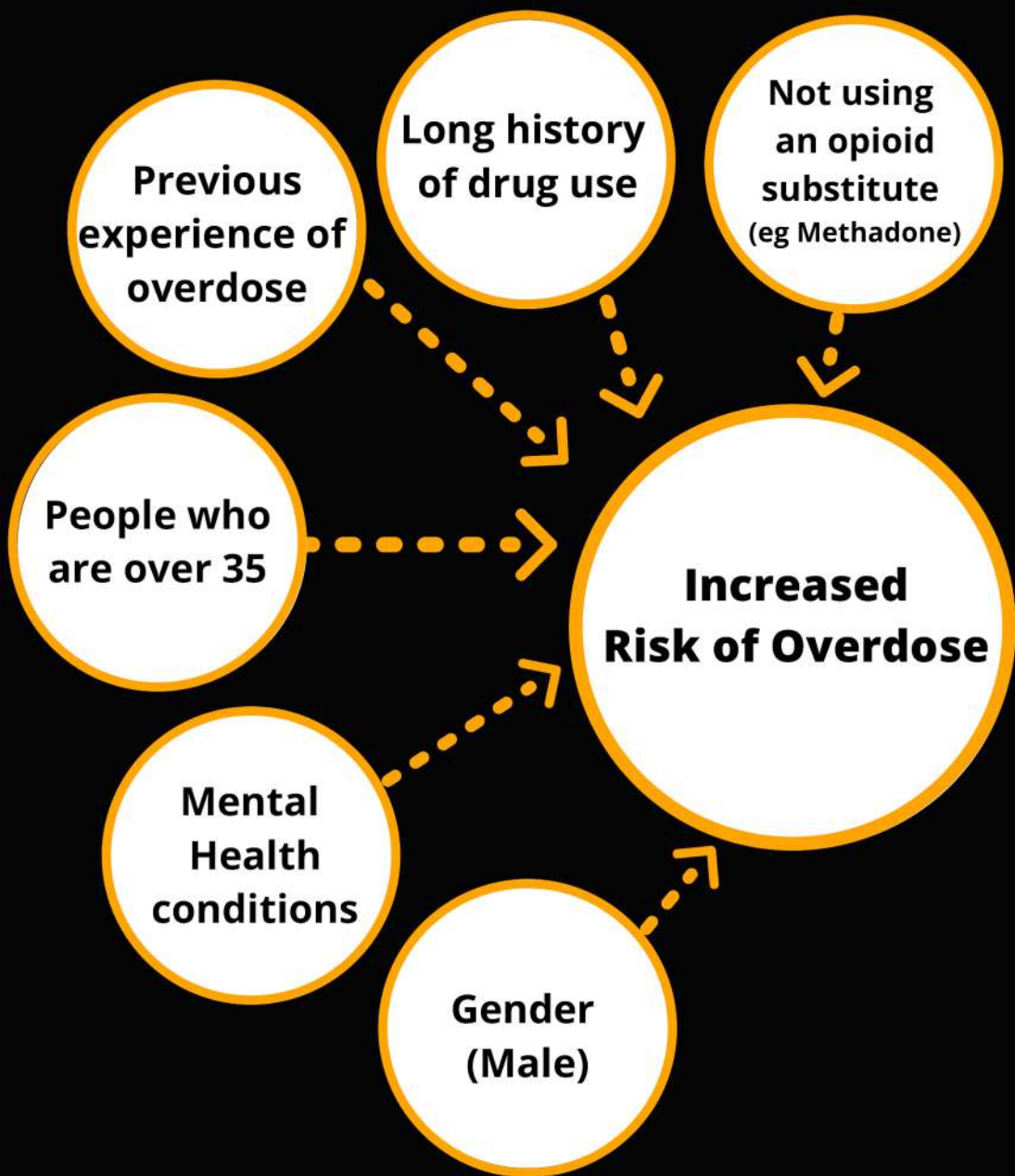
Starting or leaving drug treatment



Tolerance to Opioids may be reduced:
After a break in drug use
On hospital discharge
On release from prison
When starting or leaving drug treatment

03 Risk Factors

Additional Risk Factors



04 Risk Factors

Life Events



More drugs may be used when there is:

Loss of contact with children

Loss of a loved one

Increased available cash

Loss or change of accommodation

05 Observable Signs of Overdose

Check it's safe for you to approach

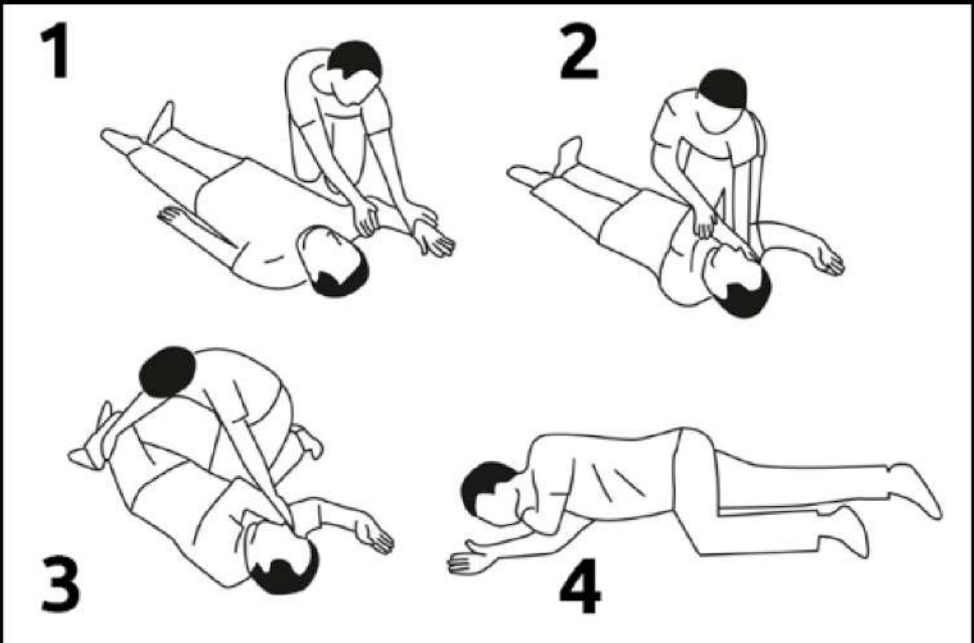
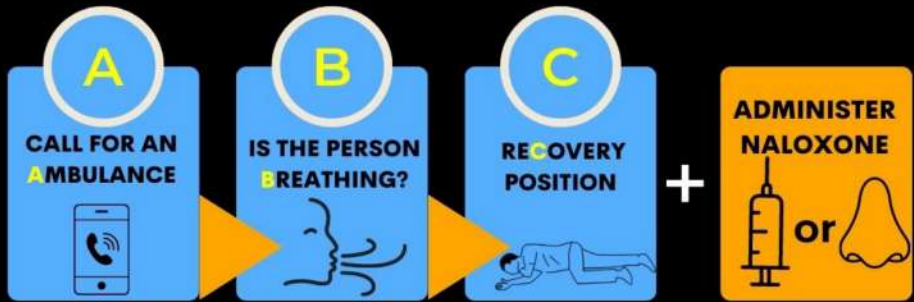


If you see these signs shout for help



06 Action

ABC + Naloxone (IF BREATHING)

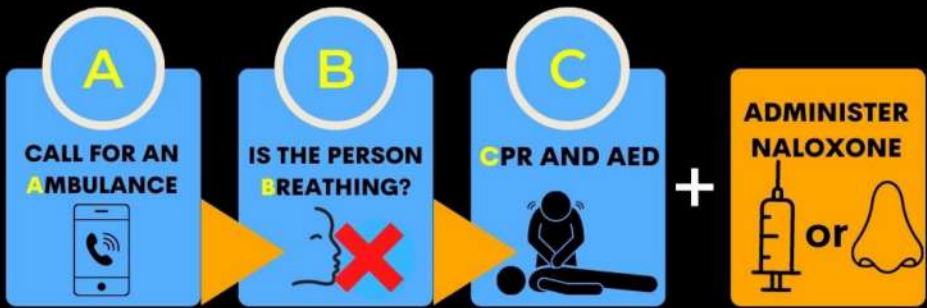


Stay with them until the ambulance arrives

07 Action

ABC + Naloxone

(IF NOT BREATHING)



Place the heel
of your hand on
centre of chest



Interlock
fingers



With straight
arms repeatedly
press down 5-6cm

Stay with them until the ambulance arrives

08 Administer Naloxone

Prenoxad™ (injectable)



- Comes in a yellow box
- A pre-filled syringe containing 2mg/ml of a clear, colourless solution with 2 needles
- The 2nd needle is in the box in case the other needle gets damaged during administration
- Each pack is for SINGLE INDIVIDUAL USE only
- 5 doses of 0.4mg per dose

Nyxoid™ (nose spray)



- Two nasal sprays.
- Each nasal spray is sealed individually in a blister pack.
- Each nasal spray is for SINGLE INDIVIDUAL USE only
- 1.8mg per dose
- If both doses are required spray into alternate nostrils.

09 Administer Naloxone

Use your phone to scan the QR code and learn how to respond to an opioid overdose and administer naloxone

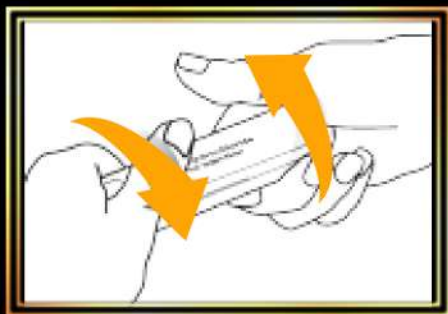


The Good Samaritan Act covers you as an individual if you respond to an emergency in good faith

10 Administer Prenoxad™

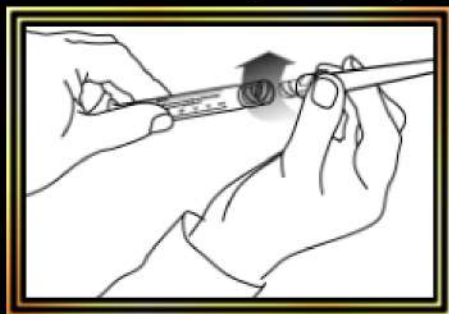
1

Remove the clear wrapper by pulling the tear strip and then twist the box to open.



2

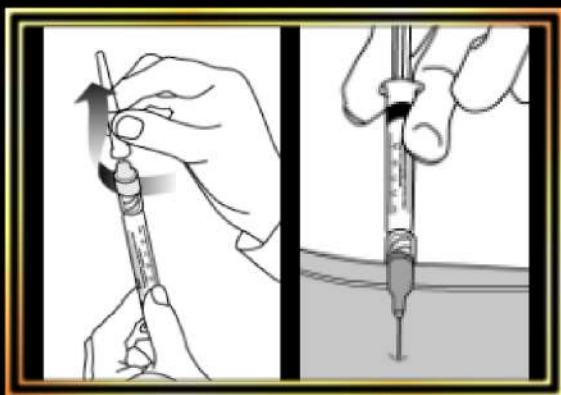
Unscrew the clear top from the syringe. Remove the needle from the packet. **With the needle still in its sheath** screw the blue fitting onto the syringe.



3

Gently twist the needle sheath to remove it from the needle.

To inject someone hold the syringe like a pen.



4

Insert the needle into the persons middle outer thigh. Through clothing if necessary. Inject a 0.4ml dose.

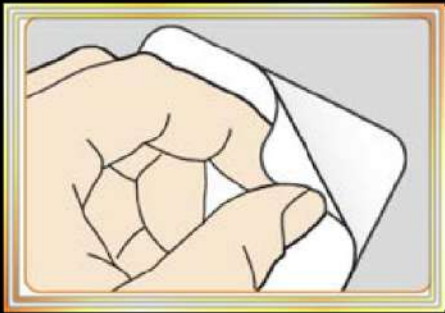


11 Administer Nyxoid™

1

Peel off the back of the blister from the corner to remove the nasal spray from the container.

Place the nasal spray within easy reach.



2

Lay the person on their back.

Support the back of the neck and allow the head to tilt back.

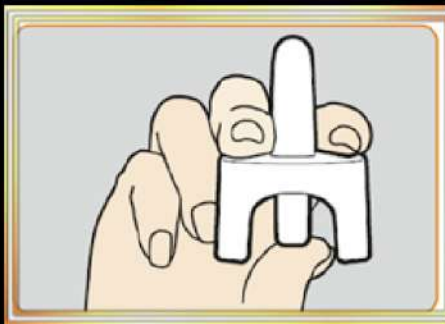
Clear away anything blocking their nose.



3

Hold the nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Do not test the Nyxoid™ nasal spray before use, it only contains one dose of Naloxone and cannot be reused.



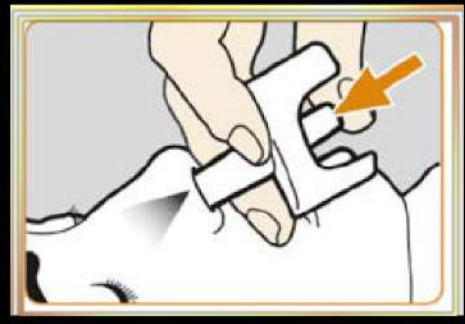
4

Gently insert the device nozzle in one nostril.

Press firmly on the plunger until it clicks to give the dose.

Remove the nasal spray nozzle from the nostril after giving the dose.

If 2nd dose needed use the other nostril.



12 Are you ready to save someones life?



Is the area safe for you?



Observable signs of overdose



Call for help and call 999 or 112



Check for breathing



Recovery Position/CPR



Administer naloxone



Make the area safe for others



Expiry dates and replacement stock





Use your phone to scan the QR code and learn how to respond to an opioid overdose and administer naloxone



Visit [Drugs.ie](https://www.drugs.ie) for naloxone resources